

# Smoothies

**Greens 16oz \$8.75 | 20oz \$10.75**

**AMY**  
greens, cucumber, orange, ginger, banana, apple

**BREAKFAST IN AMERICA**  
greens, grapefruit, apple, celery, banana, parsley, lemon

**WIDE AWAKE**  
greens, pineapple, pear, celery, cilantro

**Meals 16oz \$9.00 | 20oz \$11.00**

**ALL SUMMER LONG**  
banana, cashew, cinnamon, dates, honey, maca

**DON'T STOP BELIEVIN'**  
banana, hemp, almond butter, dates, maca, cashew

**STRAWBERRY FIELDS FOREVER**  
strawberry, banana, hemp, dates

**SHORT SKIRT LONG JACKET**  
avocado, matcha, maca, cashews, dates, agave

**OVER THE RAINBOW**  
greens, banana, celery, dates, hemp, almond butter

**SUPERBASS**  
banana, cashew, cacao, maca, almond butter, agave, hemp

**PURPLE RAIN**  
banana, blueberry, cashew, agave, almond butter, maca

**LA ISLA BONITA**  
banana, acai, spirulina, agave, almond butter

**Treats 16oz \$7.50 | 20oz \$9.50**

**FREE FALLIN'**  
banana, *your choice of fruit* (strawberry, blueberry, mango, pineapple, orange)

**LOVE BUZZ**  
espresso, banana, almond butter, maca, dates, chia seeds, coconut oil

**ICE ICE BABY**  
dandy blend, almond butter, maca, dates

# Juice

**Greens 16oz \$8.75 | 20oz \$10.75**

**DR FEEL GOOD**  
greens, celery, cucumber, lemon, ginger, apple

**RICH GIRL**  
greens, celery, cucumber, lemon, ginger, apple, cinnamon, honey, cayenne

**SKINNY LOVE**  
greens, cucumber, jalapeno, grapefruit, pear, parsley, lime

**UPSIDE DOWN**  
greens, pineapple, pear, lime, celery, cilantro

**Savory 16oz \$8.75 | 20oz \$10.75**

**BEET THE BLUES**  
beet, carrot, celery, lemon, apple, ginger

**GOOD VIBRATIONS**  
orange, carrot, lime, ginger

**MORE THAN A FEELING**  
beet, pineapple, celery, cucumber, lime

**DOES YOUR MOTHER KNOW**  
tomato, carrot, celery, lime, ginger, garlic, tamari, cayenne

**Just Juice 12oz \$7.00 | 16oz \$8.75 | 20oz \$9.00**

# Kids

**12oz \$7.50**

**CHOCOLATE DREAMS**  
banana, hemp, coconut oil, cacao, agave

**PB&J**  
strawberry, blueberry, almond butter, dates

**SHORT STOP**  
banana, almond butter, dates, hemp, coconut oil

**BACK TO THE BASICS**  
banana, *your choice of fruit*: (strawberry, blueberry, mango, orange, pineapple) *protein*: (hemp, chia, almond butter, spirulina)

\*\*add greens (\$1.25) to any kid smoothie and make it a 16oz!\*\*

# Tea

**12oz \$5.50 | 16oz \$7.00**

**WARMING CHAMOMILE GINGER**  
chamomile, hot water, ginger, lemon, honey

**RED RASPBERRY**  
add a dash of milk or honey

**BABY BLUE**  
green tea, hot water, lemon, honey, frozen blueberry

# Customize

**CUSTOM DRINK: 16 oz \$9.50; 20 oz \$11.00**

# Elixers

**TRIFECTA 4 oz \$10.50**  
rocketman, E3Live, wheatgrass | super immune boosting, anti-inflammatory

**ROCKETMAN 2 oz \$3.75**  
lemon, ginger, honey, cayenne

**HELP 2 oz \$3.75**  
grapefruit, ginger, turmeric, honey

**LET IT BE 1 oz \$3.75**  
super immune boosting & anti inflammatory; wheatgrass, rocketman & e3 Live

**KEEPIN IT NATURAL 2 oz \$2.50**  
pure aloe vera juice

**FIRECIDER 1 oz \$2.50** apple cider vinegar tonic

**VISION OF LOVE 1 oz \$3.25 | 2 oz \$6.50**  
Pure wheatgrass

# Bowls

**RICH AND CREAMY \$12.00**  
acai, banana, spinach, coconut milk; *Toppings*: rawnola & fruit

**TANGY AND FRUITY \$12.00**  
acai, banana, filtered water; *Toppings*: rawnola, fruit & coconut flakes

**BEAUTY BOWL \$13.00**  
banana, cashew, greens, cacao, maca, activated charcoal, almond butter; *Toppings*: Almond butter, hemp, & fruit

**SMOOTHIE BOWL \$12.00**  
turn any MEAL smoothie into a bowl  
add additional toppings for \$1.00

# Coffee

**MATCHA 12 oz \$5.00 | 16oz \$7.00**  
matcha, steamed milk, sweetener

**TURMERIC LATTE 12 oz \$6.00 | 16oz \$8.00**  
turmeric, steamed milk, sweetener

**CAFE LATTE 12 oz \$6.00 | 16oz \$8.00**  
espresso, steamed milk, sweetener

**AMERICANO 12 oz \$5.00 | 16oz \$7.00**  
espresso & hot water

**BULLETPROOF LATTE 12 oz \$7.00 | 16oz \$8.00**  
espresso, steamed milk, ghee, Mct oil, sweetener

**CINNAMON VANILLA LATTE 12 oz \$6.00 | 16oz \$8.00**  
espresso, vanilla, cinnamon, ghee, honey, milk

**LATE NIGHT LATTE 12 oz \$6.00 | 16oz \$8.00**  
chamomile, hot water, milk, cinnamon, honey

# Toast

**\$5.00**

**AVOCADO TOAST**  
sweet & Savory with honey  
or Zesty with cayenne

**ALMOND BUTTER TOAST**  
almond Butter, hemp seed, drizzled with honey

# To Go

**GROWLER: 64 oz \$35.00**

**GLASS BOTTLES:**  
2.5 oz, 4 oz, 8 oz, 16 oz | \$1.25 + JUICE PRICE